



Resources for Children's Good Health

Formerly PICture This

## Bright Futures: Family Matters

*"Making quality child care available and affordable for all families seeking care is a critical issue for government, employers, and families alike. Public-private partnerships for childcare have become an important vehicle for drawing together the resources and know-how needed to expand the supply and improve the quality of child care for America's Children".— Carmen Nazario, Associate Commissioner, ACYF Child Care Bureau*

Child Care Aware is a national initiative, supported by The National Association for Child Care Resource and Referral Agencies (NACCRRA), intended to provide all parents access to information about how to locate quality child care and summer camps in their community. Child Care Aware connects parents to their local Child Care Resource and Referral Agencies (CCR&R). CCR&Rs are community agencies that provide parents with the following: referrals to **local child care and summer camps**, how to obtain **child care subsidies**, individual State **licensing requirements**, and much more.



**Children with Special Needs** may need services such as transportation, accessibility, special health care and more. However, families should expect that their children with special needs can receive quality care in the most natural environment to meet their individual needs. To find your local CCR&R agency go to [www.childcareaware.org](http://www.childcareaware.org) for Spanish go to: [www.childcareaware.org/sp](http://www.childcareaware.org/sp) or call toll free 1-800-424-2246.

Healthy Child Care America (HCCA), established in 1995 by the American Academy of Pediatrics (AAP), is a group effort, involving professionals, families, and child care providers to help improve the health, safety, development and general well-being of children in child care. This team collaboration attempts to ensure that every child has high quality care and positive experiences in their child care setting. HCCA has a "Blueprint for Action" that consists of 10 steps to help communities improve child care and create new resources. Get involved!

### 10 steps of the Blueprint for Action:

1. Promote a healthy and safe environment,
2. Increase immunization and other health services in child care,
3. Help parents get appropriate health and social services,
4. Increase access to health visits,
5. Hold health and safety programs for children, parents and their child care providers,
6. Improve nutrition in child care settings,
7. Have services available for families regarding emotional and social health,
8. Provide support to child care providers and families caring for Children with Special Needs,
9. Consult with pediatricians to ensure that the child care setting is healthy,
10. Support and promote the health, training and environment of child care providers. For more information go to: [www.healthychildcare.org](http://www.healthychildcare.org)

### Teenage Certifications!!

Is your teen interested in getting certified in first aid, CPR, water safety, babysitting? Contact your local Red Cross Chapter. Go to: [www.redcross.org/services/youth/](http://www.redcross.org/services/youth/) and input your zip code to locate a Red Cross close to you!!

Family Voices is a national grassroots network of families and friends speaking on behalf of children with special health needs. Our children are also part of the wider world of children. With a Partners in Information and Communication (PIC) Cooperative Agreement from the MCH Bureau - DHHS, Family Voices works to encourage partnerships between families and professionals for children's good health.

*Bright Futures: Family Matters* is a digest of articles and news clips to share with families, family organizations, and our professional partners to offer a flavor of activities going on in the maternal and child health community. We hope to encourage flourishing partnerships!

## Partners... National Foster Parent Association (NFPA)

The mission of the National Foster Parent Association is to strengthen foster families through nationally focused legislative advocacy, training and education, publications, and networking. NFPA works through state and local foster parent associations, and child welfare organizations. Many educational materials are available: a national newsletter, the National Advocate, a Respite Care Manual and a Recruitment Handbook to encourage people to become foster parents. The NFPA just completed their annual conference "Invest in Children....Our Future". The NFPA uses their annual conferences as an opportunity to train and educate foster parents and professionals. For more information on the National Foster Parent Association please contact:

7512 Stanich Ave. #6  
Gig Harbor, WA 98335  
800-557-5238  
Fax 253-853-4001

[www.nfpainc.org](http://www.nfpainc.org) Email: [info@NFPainc.org](mailto:info@NFPainc.org)



### Family Resource Corner

- ✿ The Kaiser Family Foundation's Consumer Guide to Handling Disputes with Your Employer or Private Health Plan provides a wealth of clear, useful information, including click-on maps of state and federal rules and resources. Focusing first on understanding health coverage and then moving to disputes, the specifics involved in appealing decisions about what will be provided or paid for, followed by independent and external reviews. Go to: [www.kff.org/consumerguide/](http://www.kff.org/consumerguide/)
- ✿ New resources are now available for individuals with disabilities! A new website is up that has several books, videotapes and other materials that provide information regarding services, helpful information and products for people with disabilities. Go to: [www.DisABILITIESBooks.com](http://www.DisABILITIESBooks.com)
- ✿ BehaviorStore.com Positive Parenting Products is a new site for parents of children with behavioral and emotional problems. The materials touch on social skills, self-esteem, anger control and many more. Go to: [www.behaviorstore.com](http://www.behaviorstore.com)

## What's new in research?



A recent study found that parents whose children are enrolled in Medicaid and involved in WIC programs are more likely to use the health services that are available to them than those who are on Medicaid but aren't in the WIC program. WIC program involvement has increased the number of children using health services, including preventative services. Buescher et al. 2003 Child Participation in WIC: Medicaid Costs and Use of Health Care Services. American Journal of Public Health 93 (1): 145

## Tidbits for the Month



### ✿ Fireworks Safety Month

The 4<sup>th</sup> of July is coming soon!

If you're going to celebrate and watch fireworks let professionals handle the fireworks and stay out of harm's way. If an injury occurs, get medical attention immediately.

### ✿ Bright Ideas: The Bright Futures

**Newsletter!** The American Academy of Pediatrics (AAP) has just introduced their new newsletter. It aims to provide readers with information about health prevention and promotion. Each issue will highlight a state using Bright Futures activities to aid health promotion. To get on the mailing list or to highlight your state send an email to: [brightfutures@aap.org](mailto:brightfutures@aap.org) or visit <http://brightfutures.aap.org>

**Next issue**

**Highlights for the next  
Bright Futures: Family Matters  
Transition**

## Share your news with others!

We're always looking for news and activities about family organization and programs to post. Share exciting events and activities about your organization that will be interesting to others. Email Lindsey Pope at [lpope@fcsn.org](mailto:lpope@fcsn.org) or fax at (617) 572-2094 with your tidbits. To subscribe to the newsletter, email or call Lindsey at (617) 236-7210 •

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