

Get Ready, Get Set...

The Bright Futures Family Pocket Guide in Spanish!



The Family Voices Bright Futures Family Pocket Guide in *Spanish* is ready to order! All of the useful information packed into the English version is now available for our Spanish-speaking friends and includes additional Spanish resources.

Español

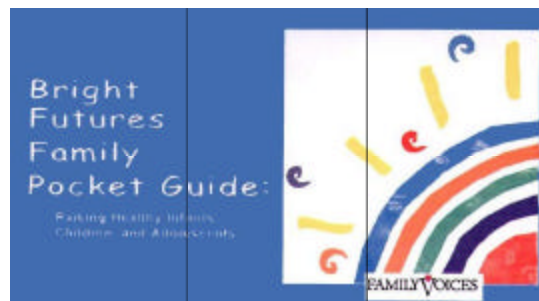


Bright Futures - Guía para las familias: Sugerecias para que los bebés, niños y adolescentes crezcan sanos provides information on how to choose and work with health care providers, what to expect as children grow, tip sheets, web sites, and resources for families. Most importantly, the guide prepares and reinforces families as key partners in their children's good health.

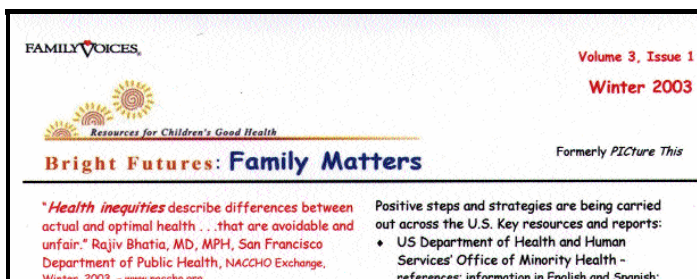
Click [here](#) to see the guide in Spanish!

Family Voices Bright Futures Family Pocket Guide: Raising Healthy Infants, Children and Adolescents is still available in English, a valuable resource for families. Filled with information about each phase of childhood, the Bright Futures Family Pocket Guide is 100+ pages (4"x7") of family-friendly information with colorful graphics.

English



Click [here](#) to see the guide in English!



Bright Futures: Family Matters is a free, bimonthly electronic newsletter that highlights health and wellness issues for children. It provides up-to-date articles, tips and resources for families.



We would like to order:

_____ **new** Bright Futures Family Pocket Guides in *Spanish* at \$3.50 each (shipping additional)

_____ Bright Futures Family Pocket Guides in English at \$2.40 each (shipping additional)

We would like to have the following email addresses added to the BF: Family Matters mailing list:

Signature

Date

The Family Pocket Guide and order form are also available online at www.familyvoices.org and www.brightfuturesforfamilies.org. For a complimentary copy of the Family Pocket Guide (in English), contact the Health Resources and Services Administration (HRSA) Information Center at (888)275-4772, reference #MCHN022

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**Family Voices
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